

> **09** Drugs seized



> **14** New Fings for Jessie



> **18** Win Sci-Fi-London tickets



the newhammag

issue 297 // 11 – 25 April 2014



**Celebrating
being British**

Ten years of citizenship
ceremonies (p6)

are you
my forever
family?

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11 April 2014 // **issue 297**



With Mayoral, local and European elections in May, as Newham's Young Mayor, I am glad that young people are taking the opportunity to talk about what it means to vote for the first time (p23).

There is an interesting article about being a proud new resident of the country and the borough as we celebrate ten years of citizenship ceremonies in Newham (p6).

We show what happens when the police and council join forces to take action over drug-related criminality (p10).

And don't miss our exclusive interview with EastEnders' Jessie Wallace who is starring in the new production of Joan Littlewood's *Fings Aint Wot They Used T'Be* at Theatre Royal Stratford East (p14).

Jonathan Bennett
Young Mayor of Newham

Keep in touch with Newham Council via:

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SENIOR PUBLICATIONS OFFICER: Anita Bhogal

PUBLICATIONS OFFICER: Glenn Gossling

STAFF PHOTOGRAPHER: Andrew Baker

To contact the *Newham Mag* team email

newham.mag@newham.gov.uk

or call **020 3373 1517**

To advertise in the Mag call

Julie Madell on **07890 529 090**

If you do not receive the *Newham Mag* at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor, Newham Dockside, Dockside Road, London E16 2QU, or email newham.mag@newham.gov.uk

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IN BRIEF //

Alcohol sale bid blocked

Newham's Licensing Sub-committee has rejected a bid by supermarket chain Tesco to sell alcohol 24-hours per day from its store in Green Street, Upton Park.

The store was refused an extended licence. Police objected the the application because of the impact it could have on Green Street, which already has issues with street drinking and anti-social behaviour.

They claimed if a 24-hour licence was granted there was "considerable potential for public nuisance" with bottles and cans discarded and people urinating on the pavement.

Debt advice surgery

Residents needing support with financial matters, including debt advice, can visit a new drop-in service at East Ham Customer Service Centre and Library in Barking Road, East Ham.

Trained advisors are on hand on the last Thursday of every month from 10am-4pm to offer free, confidential and impartial advice. Visitors are seen on a first come, first served basis.

If you are unable to make the surgeries or would like further information, visit www.newham.gov.uk/DebtAdvice

Nightclub licence is revoked

Newham councillors have revoked the licence of Silvertown's Guvnor bar in North Woolwich Road after hearing the premises are associated with serious crime and disorder.

Police asked the council to review the licence, claiming that over the past year the venue had generated 19 serious crimes. The most recent at just after 4am on Sunday 23 February saw a man stabbed twice.

Gym squat is secured

Six squatters have been evicted from a former gym in Forest Gate where former bodybuilder turned film star Arnold Schwarzenegger trained in the 1960s.

Officers from Newham Council's enforcement, anti-social behaviour, planning and building control teams worked with police, firefighters, a homeless charity and the site owners, to clear and secure the premises.

The building in Romford Road, formerly Wag Bennett's Gym, has been empty for some time. It has been uninhabitable since a fire last year and was a magnet for anti-social behaviour.

Nick Bracken, the council's director for enforcement and safety, said: "We will not tolerate anti-social behaviour in any shape or form. The closure of this property is good news for local residents. It was the result of excellent partnership work with police and other agencies to make Newham safer while offering support to those vulnerable people directly affected."



The former gym

Funding for good causes



West Ham Boxing Club with their cheque

A fund that supports Newham's community groups has distributed almost £60,000 to eight community projects that help residents build confidence and skills.

The Aspers Good Causes Fund, set up by Aspers Casino in Stratford and Newham Council, helps organisations involved in education, art, dance, music, sport and the environment.

Newham and Essex Beagles Athletics Club will use their money to organise running groups. Bonny Downs

Community Association will develop a community garden in East Ham while West Ham Boys Amateur Boxing Club will run a coaching programme.

Gasworks Cody Dock charity will construct a wildlife habitat in Canning Town. Newham and University of East London Swimming Club will look to increase participation levels.

Newham All Star Sports Academy will deliver a range of coaching and Newham Angling Club will teach young people fishing to competition standard. Newham Swords will deliver weekly fencing sessions with their money.

Young make the right moves

More than 160 children from 13 schools competed in the second Newham Primary Schools' Team Chess Tournament at the Old Town Hall in Stratford.

The tournament was arranged as part of Newham Council's partnership with the Chess in Schools and Communities (CSC) programme. For many of the under-11s taking part it was their first event.

Ravenscroft School shared first place with St Joachim's. Others involved were Calverton, Ellen Wilkinson, Carpenters, Dersingham, Godwin, Hartley, Lathom, St Winefride's, Vicarage and West Ham Church Primary School.

CSC now teaches chess in 23 schools. More than 4,000 pupils have been involved with the project. There is a successful chess club at Stratford Library and another about to start at East Ham Library.

Malcolm Pein, director of CSC, said: "The sheer number of children playing chess today is a testament to the work being done in schools, which has been supported by the council."

For more information visit www.chessinschools.co.uk



Betting shop application rejected

An application for a new betting shop in Upton Park has been refused a premises licence by members of Newham Council's Licensing Sub-committee.

The William Hill Organisation applied to license new premises in Green Street. The council formally objected to the application, claiming the primary activity at the premises would be gaming machines known as Fixed Odds Betting Terminals rather than traditional over the counter betting.

The council was concerned that vulnerable people could be at risk of being harmed or exploited by this type of gambling. Fixed odds terminals allow people to gamble up to £100 every 20 seconds, which can result in large sums being lost very quickly.

The committee was also told it would be detrimental to the local area because nine betting shops already operate on Green Street. After carefully considering all submissions, councillors decided against allowing the licence.

Opening door to new homes

Newham Council has launched Red Door Ventures, a pioneering company that will build at least 3,000 new private rented homes for residents over the next 13 years and buy a further 500 existing properties.

All the homes will be available for residents at market rent or below. A third of the homes will offer affordable rent subsidised by the council. As the project evolves, there are plans to increase the number of homes available at affordable rent. The company will make Newham the first

local authority to deliver a large programme of private rented homes for residents.

The first scheme the company will deliver is 36 homes at The Tanneries on the Leather Gardens estate in Stratford, working with prestigious architecture practice Rogers Stirk Harbour + Partners whose previous projects include the British Museum and Heathrow Airport's Terminal Five. Lord Richard Rogers said: "We are delighted to be designing this pioneering scheme for Newham Council."

CREATING GREAT CITIZENS

Since 2004, more than 35,000 residents have shown their commitment to Queen and country by taking part in a Newham citizenship ceremony to become British citizens. A decade since the test was introduced we take a look at how they are welcomed to Britain, and our borough.



Since 2004, Newham has hosted more than 1,800 citizenship ceremonies for residents who, after successfully applying to settle here, have decided to make Britain their home.

After passing their Life in the UK test, this month, a cohort of proud Brits-in-waiting were invited to gather at Newham Town Hall, East Ham.

The new citizens included people originally from Afghanistan, Armenia, Hong Kong, Pakistan and Somalia. Residents' reasons for coming to the UK were as varied as the countries they arrived from. Some came to study, others to be with their spouses and some fled war.

The gathered crowd, accompanied by their nearest and dearest, collectively swore to an oath of allegiance to The Queen and made a public pledge to observe the laws of Britain and uphold its values. The ceremony concluded with the singing of the National Anthem.

Residents were presented with a nationality certificate, a commemorative medal and special passport holder by the Mayor of Newham.



TALES OF CITIZENSHIP

From Armenia to Manor Park: Manana Aslanyan

"My husband has been here for many years and after we married I came to Newham. Before taking the test I studied English and passed first time.

"I like it here. I have a daughter who is four-and-a-half years old and there are so many interesting things to do for free. I don't think you get as many services elsewhere."



From Somalia to East Ham: Saynab Farah and son Mohamed Saeed

"We came here in 2007 to seek refuge as our country was at war. Newham is a really great place and very multicultural. That's one of the main reasons why we came here. Everyone is friendly, no one criticises you or discriminates against you. That's fantastic."

From India to Forest Gate: Manjit Kaur

"I came here to be with my husband. I learned lots about The Queen preparing for the test. It was very interesting. I've been at home looking after my children for the past six years. Now they're a bit older I want to find work."



From Pakistan to Royal Docks: Ghazanfar Khaliq, Shireen Khaliq

"We came to the UK to study and decided to settle here. We've lived all over Newham and briefly moved to Walthamstow, but moved back after we had our child.

"Newham has a real community feel. It has a very good, close knit community. Where we live there's a good mix of people from different parts of the world and we have made friends with everyone."

From Afganistan to Upton Park: Jawhar Zahid

"My dad heard about the chance to come here on the news. He thought it would be better as I could have a good education and learn how to speak English. When the army came we came here.

"The best thing about Newham is that I can learn English and there are nice jobs to do when I grow up."



COULD YOU PASS THE TEST?

See how you fare by answering sample questions from the Life in the UK test.

1. Who defeated the Vikings?

- a. King Kenneth
- b. King Alfred the Great
- c. King Harold
- d. King Edward I

2. Members in the Welsh Assembly can speak English or Welsh during meetings, and all Assembly publications are in both languages?

- a. True
- b. False

3. What is the national flower of England?

- a. Rose
- b. Thistle
- c. Daffodil

4. When was the first Union Flag created?

- a. 1506
- b. 1556
- c. 1606
- d. 1656

5. Members of the armed forces can stand for public office

- a. True
- b. False

Answers: 1: b; 2: a; 3: a; 4: c; 5: b

Find out more about citizenship ceremonies by visiting www.newham.gov.uk/citizenship



Revised Easter Bank Holiday refuse and recycling collection days

Collection day

Revised Collection Day

Mon 14 April	Sat 12 April
Tues 15 April	Mon 14 April
Wed 16 April	Tues 15 April
Thurs 17 April	Wed 16 April
Fri 18 April	Thurs 17 April
Mon 21 April	Tues 22 April
Tues 22 April	Wed 23 April
Wed 23 April	Thurs 24 April
Thurs 24 April	Fri 25 April
Fri 25 April	Sat 26 April

Most recycling collections are now fortnightly.

Household waste remains a weekly collection.

Residents should visit my.newham.gov.uk for their collection calendar.



visit www.newham.gov.uk/recycling

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IS COMMITTED TO
MUTUAL RESPECT.**

**WE ASK THAT YOU
SHOW OUR STAFF
RESPECT TOO.**



Helping residents find work

Newham Council provides services that support residents and improve lives. For the 20,000 Newham residents who have been helped into work by Workplace, the employment service hasn't only impacted on their life, it's changed it for the better.

Residents that Workplace helped to secure a job were invited to Stratford to celebrate the milestone achievement of 20,000 residents into work. Their stories are as unique as their job roles but one thing they all agree on is that their lives wouldn't be the same without Workplace.



Dawnn Campbell, Royal Docks: care worker

"I was unemployed for three years. I found getting a job really competitive and this broke my confidence. My morale went down even though I was really keen to get a job. Workplace was brilliant. They build up your confidence like no other service out there."

Sirivimol Haynes, Stratford: nursing assistant
"I was involved in an accident which meant I was out of work for two-and-a-half years. Once I'd recovered I found it really difficult to get back into employment. Workplace is an all-round service. They help you in every area and the ongoing support is what makes it unique."



Lee Young, Canning Town: grounds maintenance operative

"I left college and wanted to get a job, but found it difficult. Workplace was really quick in helping me through the steps I needed to get a job. It's an excellent service which I would recommend to any young person in the borough."

Frank Nnamani, Stratford: security officer

"I was made redundant when the company I worked for closed down. Workplace is great and gives you hope. Before this job they helped me to get a number of jobs. I was never out of work for too long because their ongoing support meant that I was straight back into work."



Believe the hype >

If you're out of work, Workplace could help you find a job. Visit www.newhamworkplace.co.uk for more information.

POLICE, COUNCIL, ACTION

A major drug supply line has been severed by Newham Police in a covert operation supported by Newham Council.

Operation Centaur is a joint initiative with the council aimed at dismantling and disrupting the supply of Class A drugs in Newham. It tackles serious and organised drug crime in the borough, leading to significant, long-term reductions in drug-related offences such as burglary, robbery and anti-social behaviour.

Last month, 15 search warrants saw 16 people arrested in raids targeting drug-related criminality. Alleged offences included the supply of Class A drugs, possession with intent to supply Class A drugs and money laundering.

Almost £70,000 of cash and a large quantity of drugs, including approximately 50 rocks of crack cocaine and cannabis, were recovered during Operation Centaur.

Residents living around the E7 and E15 boundary on Romford Road complained that the area was being blighted by the sale of drugs. Criminal behaviour included drug taking and dealing, prostitution and street crime – a direct result of two Class A supply chains operating

from either side of Romford Road.

Drug suppliers were targeted in a number of simultaneous afternoon raids. Usually conducted at dawn, the raids took place during the day to reassure the community that their concerns are being acted on, and to alert criminals that the police could soon be knocking on their door.

The operation saw the specialist resources and skills of the Metropolitan Police at work alongside enforcement officers from Newham Council.

Detective Chief Inspector Dave Rock, from Newham police, said: "This was an intelligence-led operation, based on reports of criminal activity from the community. We have listened to our community's concerns, gathered evidence, and taken robust action against those responsible."

This detailed investigation spanned months and involved a variety of tactics including undercover police and intelligence from residents who contacted the council and the local Safer Neighbourhoods Team.



Police prepare for the raid



Outside a property

: Crackdown on criminality



suspect is taken away



Police dog searches for evidence

Crack house closures

Last month, closure notices were served on properties in Warrior Square, E12; Ordnance Road, E16; and Blakesley House, Grantham Road, E12 after residents complained that the homes had been turned into drug dens and, in some cases, were being used by prostitutes.

The property in Ordnance Road was being used to take Class A drugs. Eight people linked to the address, not including the occupant, had 281 convictions, warnings and cautions for theft related matters and 23 in relation to drug offences.

A flat in Grantham Road was being used by squatters to sell and take drugs. A variety of weapons and numerous drug wraps were seized from the property.

The property in Warrior Square was being used by prostitutes and drug users. Police had been called on various occasions to deal with fights. The council and police are working to permanently remove the tenant from the address.

Police officers funded by the council have secured the premises for three months. During this period the police have control of the property and can arrest any person trying to gain entry without good reason.



Drug paraphernalia at a house in Warrior Square

The closures and temporary seizure of these properties is part of the council's crack house closure protocol with the police. Both are working together to shut places where drugs are taken, dealt or produced.

To report crime, in confidence, call Crimestoppers on 0800 555 111. Calls are not recorded and you do not need to give your name.

Don't ignore it, report it!



Download the free **Love Newham** app now at www.newham.gov.uk/lovenewham



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**Mayor of
Newham**

Book up

World Book Night is an international celebration of reading, bringing the love of books to a wider audience. It takes place on Wednesday 23 April, the day that Shakespeare was born and also died. This year sees book giftings, where you can receive a free book, in libraries around Newham.

Newham has ten libraries. They are places where people can come together, take time out and learn things. This is just one of the reasons that, unlike other councils, Newham Council has not closed a single library and has invested almost £5.2m in libraries and a further £14.3m in the new East Ham Customer Service Centre and Library.

Libraries have regular coffee mornings. There's a book club for children at North Woolwich, games clubs at The Gate, Canning Town and Custom House, plus Knit and Natter meetings at Canning Town, Beckton Globe and Manor Park. Turn to page 34 for more details.

World Book Night

Newham libraries are extending their opening hours to host the following World Book Night events:

The Gate library

Wednesday 23 April

- > Book sale: from 11am-4pm come along bag a bargain
- > Book gifting: from 4.30-6.30pm The Gate library will be gifting copies of *The Boy in the Striped Pyjamas*, *Rivers of London*, *59 Seconds*, *Hello Mum* and *The Boy with the Top Knot*.

Green Street Library

Wednesday 23 April

- > Book gifting: from 5-7pm Green Street Library will be gifting copies of *Geezer Girls*, *After the Funeral*, *59 Seconds* and *Theodore Boon*.

Plaistow Library

Wednesday 23 April

- > Book gifting: from 6-7pm Plaistow Library will be gifting copies of *Theodore Boon*.

North Woolwich Library

Thursday 24 April

- > Book gifting: from 6-7pm North Woolwich Library will be gifting *Geezer Girls*, *Tales of the City*, and *The Recruit*.

Please contact individual libraries to register for World Book Night, turn to page 38 for details. For more information about library services, visit www.newham.gov.uk/libraries

Membership of Newham libraries is free and entitles you to borrow:

- > up to 10 books at a time
- > up to four audio-visual items at a time.



DOIN' ALL THE RIGHT FINGS

TV's *EastEnders* star Jessie Wallace wipes off her make-up as she gazes from a rehearsal space window overlooking Theatre Royal Stratford East (TRSE). "You know, fings really ain't what they used to be," she says.

"This part of London is changing by the day," she adds. "I can't believe it. Everything has built up around that little theatre. It is the oldest thing here. It's sad in one way, but amazing in others."

Jessie is to tread the boards for the first time at TRSE in a new production of witty and warm-hearted musical *Fings Ain't Wot They Used T'Be*, from Thursday 8 May to Sunday 8 June. She leads the cast with Gary Kemp from pop band Spandau Ballet.

Fings has music and lyrics by Lionel Bart, who also wrote the music for *Oliver!*. It tells of an East End and Soho lifestyle at the end of the 1950s teeming with coffee houses, gamblers, spivs, prostitutes, dodgy coppers and teddy boys before rock and roll hit the streets.

The show was originally developed at TRSE in 1959 by legendary director Joan Littlewood and her Theatre Workshop Company before transferring to the West End. It helped launch the career of Barbara Windsor. The 2014 version has been adapted by Elliot Davis and commemorates Littlewood's centenary.

Jessie can't wait to appear alongside Gary, who plays a policeman, and Mark Arden, who plays her boyfriend. She said: "My partner Tim Arnold is a musician and has done a few gigs with Gary but I've never worked properly with him. I'm looking forward to being with him and Mark, who is also brilliant."

Jessie, best known for being Kat Moon in BBC's *EastEnders*, is no stranger to the stage. "I love it," she said. "People become actors so they can work on stage. You get a buzz from walking out in front of a live audience every night. I get really nervous but it is good nerves. I have missed that."

The actress is excited *Fings* is being

revived at its original home. She said: "I love the music of Lionel Bart and the fact it's a celebration of Joan Littlewood and at this theatre is a dream come true. I keep pinching myself."

"In the original production workshop in 1959, Lil, who I play, was performed by Pat Phoenix from *Coronation Street*. I played Pat on television, so that must be a good sign."

"Going to the theatre is a great education for kids. It is good for their confidence, not being stuck in front of the telly or hanging about on the streets."

The original also starred Jessie's former *EastEnders* colleague Barbara Windsor. "Tim, my partner, came to see *Oh What a Lovely War* when Barbara was there. She gave him some tips for me so that was nice. Even though I'm not playing the role Barbara had, it is nice a member of the original cast is rooting for me."

Jessie may not have worked with Gary Kemp before, but his brother Martin appeared in *EastEnders*. "Both brothers are so professional and when you work with people like that it makes you want to up your game," she said.

The show's revival, along with *Oh What a Lovely War*, is part of TRSE's tribute to Joan Littlewood. Does Jessie think she would approve? "I don't know. Elliot, our producer, believes she would probably have said we should be doing something new. I like to think her spirit is guiding us."

Jessie's character, long-suffering Lil,

loves boyfriend Fred and wants him to make an honest woman of her when he's out of prison. It sounds a bit like *EastEnders* so would Kat Moon like Lil? "No, I don't think she would," said Jessie. "I think she would find her moany. Lil would like Kat though."

Jessie expects the production to appeal to all and is supportive of Newham Council's partnership with TRSE to get young people into the theatre. She said: "Tickets start here at just £7 so there's no excuse not to come."

"Going to the theatre is a great education for kids. It is good for their confidence, not being stuck in front of the telly or hanging about on the streets. *Fings* will appeal to a young audience. I can't wait to start."

CHANCE TO WIN FINGS

The *Newham Mag* has four pairs of tickets to the premiere of the new production of *Fings Ain't Wot They Used T'Be*. To be in with a chance of winning a pair, tell us which of the following starred in the original production. Was it:

1. Michael Caine
2. Barbara Windsor
3. Arnold Schwarzenegger

Email your answer, your name, address and telephone number to newham.mag@newham.gov.uk or send it to **Newham Mag, 1000 Dockside Road, London, E16 2QU, by Friday 25 April.**



Read our interview with Gary Kemp in the next edition of the *Newham Mag*



Newham London

Rathbone Good Friday Market

**Rathbone Market and Terry Spinks Place (under the A13 flyover),
Barking Road, Canning Town, E16, Friday 18 April, 10am – 4pm**

Canning Town's historic Easter market is back. Come along and grab yourself a bargain. Goods on offer will include:

- Clothing
- Handmade goods
- Jewellery
- Bric-a-brac and lots more

This year, to accommodate the wide range and number of stalls, the market will be in its usual place at Rathbone Market as well as the public space under the A13 flyover. Construction work to create the new market square is ongoing.

Train: Canning Town Station (Jubilee Line and DLR)

Buses: 300, 115, 276, 5, 330 and 69

For more information please contact Newham Council's Markets Team at
Street.Markets@newham.gov.uk or call **020 8475 8971**



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SOME COURSES ARE SUBJECT TO FEES



Newham London

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HEAR IT
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**DOMESTIC VIOLENCE:
NO ONE SHOULD SUFFER IN SILENCE**

Dance

THE DAY AWAY



On Wednesday 23 April we're inviting you to don your dancing shoes and head to the Old Town Hall Stratford for our ever popular tea dance, which this month has a distinctly patriotic feel as we celebrate St George's Day.



We're celebrating England's patron saint, St George, with a special tea dance, flying the flag of England from our town halls and inviting you to hold your own celebrations, with up to £500 of funding as part of our Let's Get the Party Started grants programme.

Tea dances cost £3, which gives you three hours of ballroom dance music, refreshments including hot and cold

beverages, sandwiches and cake, entry into the raffle and a postcode lottery prize draw for Newham residents.

The much loved tea dance programme is changing to allow even more people to get involved. Currently restricted to the over 50s, later this year family tea dances will be introduced, with some dances taking place on the weekend to allow more people to enjoy these wonderful events.

Also coming soon, if you have two left feet come along and learn the ropes before you hit the dance floor with free, warm up dance lessons for Newham residents.

The monthly tea dances will soon take place more frequently and some, like the St George's Day event, will be specially themed. Tea dances will be held in venues across Newham, making them more accessible to those who'd like to join in.

If you're a tea dance regular, and would like to volunteer at the events, join the tea dance advisory group. Full training is provided where needed.

For more information about tea dances, or to volunteer, email alison.davenport@newham.gov.uk, call **020 3373 2051** or visit www.newham.gov.uk/teadances

For more information on funding for St George's Day events, or any event which brings the community together, visit www.newham.gov.uk/grants

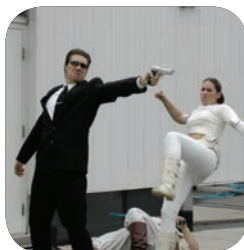
St George's Day tea dance
Wednesday 23 April
1.30-4.30pm
Old Town Hall Stratford
Broadway
E15

A vibrant sci-fi poster featuring a large, blue and yellow planet in the upper left corner. A bright, multi-colored sun or star is rising over the horizon of a planet, creating a rainbow-like glow. The background is a deep blue space with stars and nebulae.

SCI-FI-LONDON

IS BACK

With more than 30 films over 11 days, this year's SCI-FI-LONDON film festival at the Stratford Picture House, Theatre Square, £15, has even more thrills and excitement than ever.



The 14th SCI-FI-LONDON Film Festival runs from Thursday 24 April to Sunday 4 May and in those 11 days you can see some of the best science fiction and other fantastic films from around the world.

This year's event will host more than 20 UK and international premieres. There will be all-nighters, documentaries, short films, animation and film-making events, as well as industry workshops and networking events.

The annual 48-hour film challenge returns, inviting you to create a five-minute short film or a 1,500 word short story.

On top of all this there is also the SCI-FI-LONDON dog show and the quiz.

Film highlights

Upside Down (UK premiere) – This is a story about two people living on different planets and how their love bridges the gap between worlds with gravities that pull in opposite directions. Stars Timothy Spall, Kirsten Dunst and Jim Sturgess. Sunday 4 May, 7.30pm.

Lost Time (world premiere) – A thrilling sci-fi horror where a woman struggles to find her sister across multiple dimensions and through lost time. A scary movie about abduction, loss and parallel worlds. Thursday 24 April, 7pm.

Saving Star Wars – Dave Prowse (the body of Darth Vader) stars in this quirky comedy set at a *Star Wars* convention, where two hapless guys with good intentions end up kidnapping George Lucas. Monday 28 April, 6.30pm.

Who's Changing: An Adventure in Time with Fans... – A great documentary about *Doctor Who* fans, stars of the show, companions, writers and producers. Includes a panel discussion with *Doctor Who* audio and comic creators. Sunday 4 May, 11.30am.

Shorts programme

You can enjoy up to ten amazing short films from around the world in each of the

five sessions. Friday 25 April, 3.30pm; Saturday 26 April, 11.30am; Sunday 27 April, 6pm/8pm; Sunday 4 May, 4.30pm.

All-nighters

Saturday 26 April, 11pm, Stratford Picture House

Alien night – All of the director's cuts of all four *Alien* movies are being shown back-to-back on the big screen for the first time.

Anime all-nighter – Five movies back-to-back, with some of the finest Japanese animation on the big screen including: *Paterna Inverted*, *Kill La Kill* and *Blood-C: The Last Dark*.

Mystery Science Theatre 3000 – This legendary sci-fi show ran for 11 years in the USA but hardly got shown here. SCI-FI-LONDON is bringing over two of the cast from the US and will show five of the best/worst films ever – you will be up all night laughing.

SCI-FIDO: the SCI-FI-LONDON dog show

Bring your pet dogs dressed as superheroes, TV or film characters to Theatre Square, Stratford, on Sunday 4 May, 1.30pm. There will be prizes for the best costumes and each dog will be papped by Dog Star Photography, who will give you a free copy of the picture.



Competition

SCI-FI-LONDON have put up a fantastic series of prizes for an exclusive *Newham Mag* competition. These include:

- two VIP passes – each of these gives you, plus a guest, full access to every single film and event, including parties, as SCI-FI-LONDON's special guest.
- four pairs of tickets to any event at the festival
- two tickets to the any of the all-nighters.

To be in with a chance of winning just answer the following question. Which of these is a science fiction film?

1. The Great Escape 2. The Sound of Music 3. Alien

Email your answer, each of the draws you would like to be entered for (or all), your name, age, address and telephone number to **newham.mag@newham.gov.uk** or send it to **Newham Mag, 1000 Dockside Road, London, E16 2QU** by 12noon **Friday 18 April**. Prizes are subject to availability and you may not win your preferred prize.

Find out more

www.sci-fi-london.com [@scifilondon](https://twitter.com/scifilondon) #sfl14 facebook.com/scifilondon

Or download the free festival app at www.sci-fi-london.com/sci-fi-londons-free-app

Programme may be subject to change, visit www.sci-fi-london.com to confirm.



Newham in pictures



1 A step up for jobseekers. Newham's employment service Workplace celebrates helping 20,000 residents into work. **2** Master Mackey (far left) and his London Black Belt Academy, based at Newham Leisure Centre, celebrate winning 55 trophies and medals in international competition. **3** First-class work. Students at St Stephen's Primary School, E6, tour their new building. **4** Chiffon dreams. David's Bridal, Westfield, donates dresses for the Sarah Bonnell School prom. **5** Between a rook and a hard place – the chess tournament at the Old Town Hall, Stratford.



Are you a landlord, property developer or managing agent looking to let a property?

No commission, no fees, no hassle.

Newham Council URGENTLY requires properties and wants to work in partnership with local landlords and managing agents to rent their properties.

The council can offer:

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- Deposit and rent in advance

Working with the council means:

- Ongoing landlord support and advice
- Support to maintain the tenancy
- Direct rent payments
- Local housing allowance (LHA) rates paid

If you have any properties or would like to find out more about our Private Rented Sector Scheme, contact the Housing Supply team now.

Telephone: 020 3373 1149

Email: PRSSupply@newham.gov.uk

FREE FAMILY FUN IN STRATFORD

SATURDAY 19 APRIL, 12NOON-4PM

THE COURTYARD, OLD TOWN HALL, 29 BROADWAY, STRATFORD E15 4BQ

FREE ACTIVITIES ON OFFER INCLUDE:

- fantastic live music from the Steel Pan Trio • balloon modelling • small farm with live animals
- bouncy castle • fairground style stall with prizes to be won • Discover Children's Story Centre - craft activities
- face painting • food and drink available to purchase • town centre Easter egg hunt and much, much more!

FREE

For more information email
Alison Davenport, centre manager, on
Alison.Davenport@newham.gov.uk
or call **020 3373 2051**.

Young voters make your mark

On Thursday 22 May, people across the country will let their feet do the talking as they head to their nearest polling station to vote for their local councillors and European Member of Parliament. In Newham, there'll also be a vote for the directly elected Mayor of Newham. Next month, a wave of first time voters will take to the polls, voters such as Faheem Dharma.

Faheem from Forest Gate is looking forward to election day when he can exercise his right to vote for the first time. He said: "I believe it's important to vote as every person should have their say. An election is the only chance you have to vote for who you think is the right person or party to be in charge."

As a former youth councillor, Faheem is no stranger to the democratic process of voting and has experience of campaigning when he stood for Newham Young Mayor in 2011. So it's no surprise that he has

been keeping a keen eye on the campaign trail. He said: "I have received a few party manifestos in the post. One thing that is important to me is more opportunities for young people. Young people should be able to secure a career via different paths, not just education but also things like apprenticeships and work experience."

Faheem, now 20, registered to vote aged 18. Whatever your age, if you're not on the electoral roll you have until Tuesday 6 May to make sure you can have your say. He is still deciding which candidates and parties best

represent his views but he is eagerly awaiting the moment when he can make his mark and vote for the first time. He said: "A lot of people moan and complain once everything's happened. They don't like the fact that a group of people might be doing something that they don't agree with, so this is their chance to put the right people in charge."

"Even if you're not interested in voting just take ten minutes to look at what the candidates are pledging to do as, whether you take part or not, what happens after the election will affect you."

**DEADLINE TO REGISTER TO VOTE:
TUESDAY 6 MAY**

**To find out more visit
www.newham.gov.uk/elections**



Faheem Dharma





On the cutting edge

After graduating in law and having worked his way through university as a bar manager, Russ Khroma decided to put his practical experience to use and in November last year opened the Sawmill café at 51 West Ham Lane, E15.



> WORKING LIVES

If you love fine foods Sawmill is the place to go. It is the home of exquisite hand-made cakes, gorgeous gateaux and tastebud-tingling tarts, all served with the finest teas and coffees.

What made you chose Newham?

I lived here before I went to university and central London is saturated with cafes, so this was the obvious choice. Ever since we opened people come in and say: "Why Newham?" Well, why not?

Are there advantages to being in Newham?

Definitely, the council were really helpful when we were setting up, especially the food standards people.

What do you think sets the Sawmill apart from others?

Good food, good coffee and a great atmosphere – right here on your doorstep.

Why so many cakes?

We put together whatever we think people will like. People always ask where we get our inspiration. Italy? France? Eastern Europe? The short answer is everywhere. We rota our chefs and we take inspiration from the countries they are from.

Is there a Sawmill signature cake?

My personal signature cake would be the cinnamon crumble. That's my own recipe through and through. It's the opposite of a crumble – the apples are on top, the crumble is at the bottom and it's really delicious.

Was the interior design your vision too?

Yep, it was all our own work – me, my mum, dad and brother. People ask who the designer was, but it was us. This used to be an estate agents. We poked a hole through the plaster, saw a nice brick wall behind it and I decided to clean up the bricks. The lighting and the mirror installation, we made all of those ourselves. We made the tables and chairs too – all the wood was cut, polished and finished here.

Where did the name come from?

It's because this place was literally a sawmill for four months. We had piles of wood and a massive circular saw. We were cutting and sawing and polishing. It became like a little code word between us – "I'm just heading off to the Sawmill to do some work" – and it just kind of stuck.

How have customers reacted?

It's been overwhelmingly positive. There has been positive feedback online via Facebook, Twitter and in person and it has yet to stop.

You accept Bitcoin, could you explain about it?

Bitcoin is digital currency that lets you make instant payments to anyone, anywhere in the world. Ever since I posted on Twitter that we accepted bitcoin we've had people coming in. I process the payments and convert the bitcoin immediately into pounds. I could keep all the payments in bitcoin and speculate on the market, but I prefer to keep it in pounds. I didn't think that it was going to be so popular but we've had the BBC and Al Jazeera TV come down and do pieces on it.

Sawmill is open 8am-8pm, seven days a week. They bake every day so each day you will find different things on the menu. In the near future you can also expect to see a new premium coffee menu that will include things like Madagascan vanilla.

To find out more follow them on **Twitter @cafesawmill**

Special offer: Newham Mag

Get a free tea or coffee when you buy any slice of cake at the Sawmill – cut out this voucher and present it when you make a purchase. Valid until Saturday 31 May 2014.

Readers' writes

What is your favourite Newham café or coffee shop? Send a review of up to 100 words, about why you think it is great to newham.mag@newham.gov.uk and you might see it printed in the *Newham Mag*.

Eggstra special Easter activities

There are lots of exciting Easter activities running throughout the Easter school holidays. Here's a short selection of some of the best.

Cracking free stuff

- **Swimming** – for Newham residents aged under 16 or over 60 during general swim sessions.
- **Female gym sessions** – for girls aged 11 to 16 at Newham Leisure Centre, E13. Tuesday 15 and Thursday 17 April, 3.30-5pm
- **Female indoor cycle spinning classes** – Tuesdays and Thursdays, at Newham Leisure Centre, E13, for 11 to 16-year-olds. To book call 0844 414 2728. Tuesday 15 and Thursday 17 April, 5-5.30pm
- **Go Wild sessions** – for families with young children. Friday 11 and 18 April, 11am-1pm and 1.30-3.30pm, Central Park, High Street South, E6.

To find out more visit
www.activenewham.org.uk or
call 0844 414 2728.

Get some eggs-ercise

Mountain biking in the Lea Valley Velopark

Off-road racing for cyclists aged 12 to 16 at one of the best cycling venues in the world. Wednesday 16 April, 12.30-4pm, £12 per person. Advance booking is essential. Call 0844 414 2728.

Easter beginner's triathlon

Have you ever wanted to be an iron man or woman? Now you can try out triathlon and experience one of the toughest, most gruelling sports around.

On Sunday 20 April, a beginner's triathlon session is being held at Newham Leisure Centre, E13. The event comprises swimming 200m, cycling 4,800m and running 2,000m. Registration is from 9-9.45am. To take part you must be over 14. It costs £10 to enter. To book call 0844 414 2728 or visit www.activenewham.org.uk

Egg-citing stories

Look at the world sunny-side up with Spring-time stories every day of the Easter holidays until Monday 21 April, at Discover, 383-387 High Street, E15.

You can make an Easter bonnet or solve the Easter Bunny's clues to find hidden chocolate eggs (Friday 18 to Monday 21 April).

On weekdays there are picture book stories, author and illustrator visits.

Every day over the Easter holidays you can also be whisked off to the Spy Academy.

Adults and children £5 each, under twos free. For full information or to book call 020 8536 5555 (Monday to Friday, 10am-5pm) or visit www.discover.org.uk



WAR DANCE

A new aerial dance show which combines stories from World War I (WWI) and Afghanistan is about to premiere at Stratford Circus before embarking on a nationwide tour.

Rites of War looks at the experience of two soldiers from each war using dance, film and music. It is a collaboration between performer and artistic director of *Gravity and Levity*, Lindsey Butcher, choreographer Darshan Singh Bhuller and the BBC's Afghanistan correspondent David Loyn.

The production could not have come about at a more fitting time, with the centenary of WW1 and the withdrawal of British troops from Afghanistan both taking place this year. Lindsey said: "I wanted to work with a very real subject matter. This isn't a piece about the bigger picture of war but individual stories of survival and pity."

"It'll be a very visual experience and will hopefully make people think about the subject"

Using breathtaking aerial performance, *Rites of War* exposes the humanity and inhumanity of war, the ugly truths and occasional beauty of living and loving through conflicts. Lindsey said: "War is too wide a subject matter. To make it personal we focused on individual stories, rather than try and represent the whole conflict." From this Lindsey developed a story that could be told through dance. She said: "We've stripped down our aerial work, removing tricks

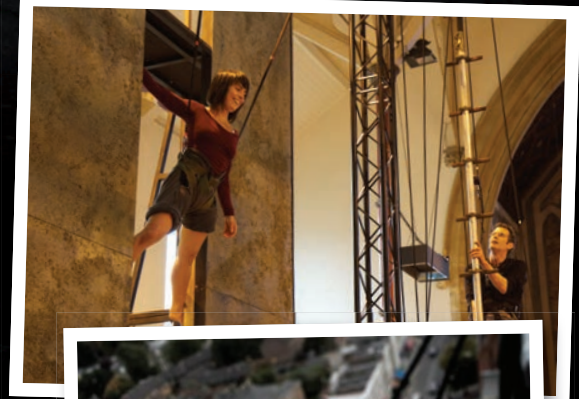
and only using skills that portray the essence of the story."

Rites of War promises a unique perspective on war, as Lindsey explained: "Aerial performance literally makes people see things differently. It shifts you from looking at a stage to performers moving up a wall. It's a serious subject, but people should leave feeling moved by what they've seen. It'll be a very visual experience and will hopefully make people think about the subject."

***Rites of War* is showing at Stratford Circus, Theatre Square, E15, from Thursday 1 to Saturday 3 May. Tickets cost £12 / £10 conc/ Newham residents, £8 students. Visit www.stratford-circus.com or call 0844 357 2625 to book.**

Win tickets

We have two pairs of tickets to the performance on Friday 2 May at 7.30pm, with an exclusive backstage tour and chance to meet the cast. For your chance to win, email your name, address and contact number to newham.mag@newham.gov.uk or write to **Newham Mag, Newham Dockside, 1000 Dockside Road, London E16 2QU**, before Friday 25 April.



Lindsey Butcher



©Mark Moreau

NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090

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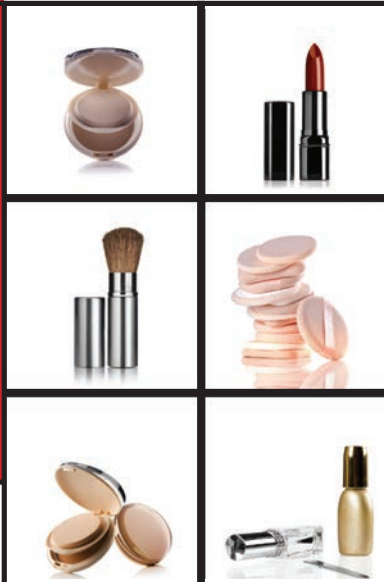
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MATHS - ENGLISH - SCIENCE www.knowledge-box.com

the
Mayor's
Newham
Show

Newham London

Do you have what it takes to perform at the Mayor's Newham Show?

Are you a Newham based musician, singer or dancer who could entertain and excite the large crowds on the main stage at Newham's busiest and most established community event?

The Mayor's Newham Show is taking place on Saturday 12 and Sunday 13 July 2014 in Central Park, East Ham E6.

If you think you have what it takes, email events@newham.gov.uk introducing your act, no later than Friday 25 April.

Mayor of
Newham



the newham mag

To advertise here call Julie Madell
on 07890 529 090 or email
julie.madell@newham.gov.uk

Do the right thing – don't rubbish where you live, don't rubbish Newham.

Newham Council is working hard to keep Newham's streets clean and tidy. We don't want our work undone by a small minority of unthinking people who drop litter. That is why we are clamping down on littering and other forms of anti-social behaviour.

Last month we:

- > **issued 478 fixed penalty notices for littering and received £20,460** in fines
- > **took 71 littering cases to court**, including 24 cases of dropping cigarettes, one case of fly tipping, three cases of spitting and two cases of urination.

Twenty-one cases were adjourned by magistrates, to this month, but of those prosecuted, the fines, costs and victim surcharge totalled more than £8,000.

In March this year Newham Council also successfully undertook 30 prosecutions for more serious offences including: housing offences, fraud, noise, dangerous dogs and other forms of anti-social behaviour. These prosecutions resulted in fines totalling more than £24,000 and more than £10,000 in court costs.

The message is simple – don't rubbish where you live, don't rubbish Newham.

Don't put up with rubbish. To get it cleared report it online at

www.newham.gov.uk/MyNewham

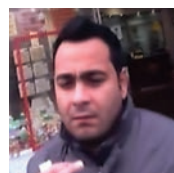
To make reporting litter and other issues easy download the free Love Newham app
www.newham.gov.uk/lovenewham



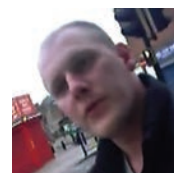
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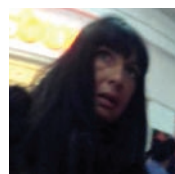
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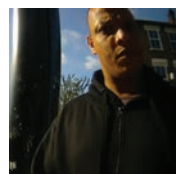
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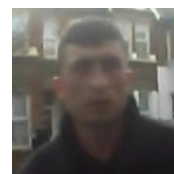
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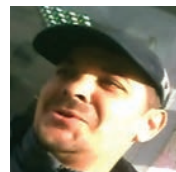
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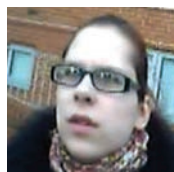
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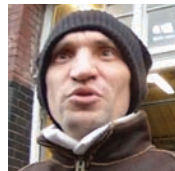
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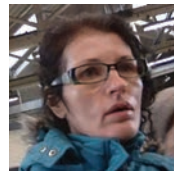
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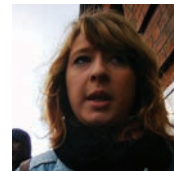
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Ensuring your anonymity

If you provide information regarding identities:

- You will not be required to provide your name
- You will not be required to leave your contact details
- You will not have to make a statement

The pictures on this page show people responsible for dropping litter and other forms of anti-social behaviour.

Call 020 3373 4479 and quote the reference number below the picture.

CAUGHT ON CAMERA

Win tickets to Postman Pat

Postman Pat is bringing his black and white cat to Stratford Circus for a very special show on Saturday 10 May for families with children aged three to six.

Postman Pat Live! follows Pat as he delivers a new karaoke machine to the Great Greendale Talent Show, but then the machine breaks down. Can Pat save the day?

The *Newham Mag* has two family tickets (two adults and two children) for the 12noon performance to give away. This also includes a money can't buy meet and greet with Pat.

To be in with a chance of winning this prize answer the following question. **What colour is Postman Pat's van?**

1. Red
2. Yellow
3. Blue

Email your answer, your name, address and telephone number to **newham.mag@newham.gov.uk** or send it to Newham Mag, 1000 Dockside Road, London, E16 2QU by Friday 25 April.

Tickets costing £12 (£10 concs) are available from the box office on **0844 3572625** or by visiting **www.stratford-circus.com**



Win circus tickets

The Moscow State Circus, one of the greatest circuses in the world, is coming to Stratford.

Enjoy superstar clown Val Defun, award-winning flying trapeze, unique pole juggling, amazing hand balancing and astonishing whip cracking.

The *Newham Mag* has ten family tickets to give away. One ticket admits four adults or children and usually costs £120. To be in with a chance of winning a family ticket to any weekday performance in Stratford answer the following: **Where does a circus take place?**

1. The big house
2. The big top
3. The big red bus.



Email your answer, your name, address and telephone number to **newham.mag@newham.gov.uk** or send it to Newham Mag, 1000 Dockside Road, London, E16 2QU, by Friday 18 April.

Moscow State Circus will be at The International Quarter, Stratford City, Westfield Avenue, E20, Wednesday 23 to Sunday 27 April. Weekday shows are at 5pm and 8pm, Saturday 3pm and 6pm, and Sunday 2pm and 5pm. Tickets costing £7 to £35 per person are available from the box office on **020 3375 3970**. For more information visit **www.moscowstatecircus.com**



Residents litter pick on Wanstead Flats

Loving where you live

Newham residents love their green spaces so much that some have started getting together to remove rubbish from Wanstead Flats.

Last month, more than 50 residents took part in the Bandstand Project's mass litter pick. If you want to get involved they will be meeting at Bandstand Pond, opposite Capel Road, on Wanstead Flats at 11am on the second Sunday of every month. The next sessions take place on 13 April and 11 May.

Local pub, The Forest Tavern, provides hot tea for everyone taking part. For more information follow them on Twitter **@EccentricLDNer** or **#TidyOurFlats**.

The year of the pumpkin



The Friends of Abbey Gardens are holding a Ready, Steady, Grow event to plant pumpkin seedlings ready for their Pumpkin Day in September.

If you want to learn how to look after seedlings, grow the perfect pumpkin and cook amazing pumpkin dishes come along on Saturday 26 April, 1-3pm, at Abbey Gardens, Bakers Row, E15.

As well as pumpkin planting, there will also be scarecrow making and the new composting toilet will be revealed.

All activities are free. Drinks, food, tea and cake are available from the honesty stall. For more information call **07725 946 599**, email **mail@abbeygardens.org**, or visit **www.abbeygardens.org**

Eagles soar



The AEC celebrate their award

The Ascension Eagles Cheerleaders (AEC) have been named Canary Wharf Junior Sports Team of 2014.

The finalists were nominated as Newham's top sports group after the junior members aged ten to 14 were ranked number one in Europe last year.

Ascension Eagles train at Talent Central, a cheerleading and gymnastics centre at Gallions Reach Shopping Park in Beckton.

To find out more about joining Ascension Eagles Cheerleaders visit **www.ascensioneagles.com**

Carers' United meeting

If you're a carer in Newham, don't miss the next Newham Carers' United Forum meeting where you can listen to guest speakers and get information on a range of services, including debt and benefits advice.

This event is for unpaid carers who look after a relative, child or friend who is frail, disabled, ill or a substance misuser. These meetings are for carers and not the people that are cared for.

The next meeting of Newham Carers' United Forum takes place on Tuesday 29 April, 10.30am-1pm at St John's Church, E15. If you have not been before, have any access or dietary needs or need support to be able to attend, call **020 8519 7536** or e-mail **jackie.hardy@renewalprogramme.org.uk**



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry

GALLERY



Aurelija Razanauskaite, 8



Anjuma Islam, 11



Adnan Abedin, 7



Elina Kalve, 8

Win free membership at Stratford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Stratford Picturehouse, Theatre Square, E15

Colour-me-in Wordfit

Jokes

Q: Why was the boy doing his homework in the plane?
A: To get a higher education.

Q: Why did the orange roll down the hill?
A: Because he ran out of juice.

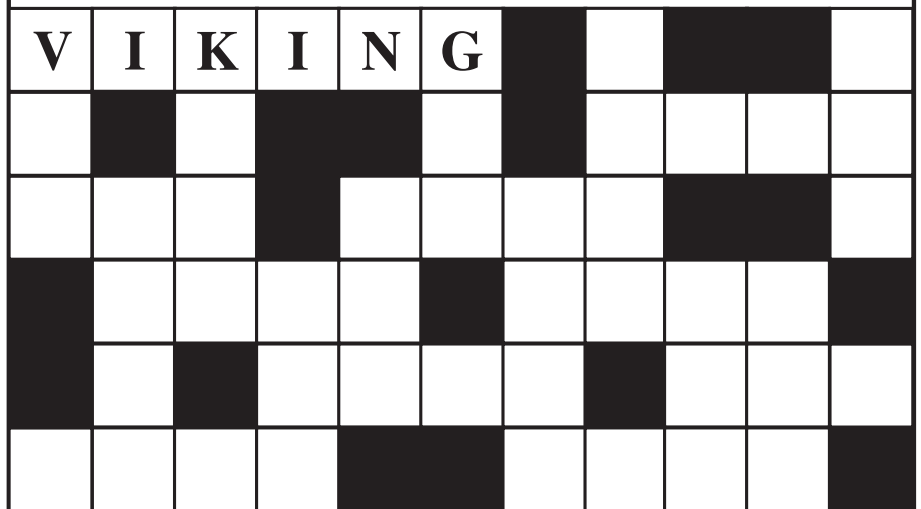
By Eshal Hammad, 9

3 letters

ADD
DAD
EGO
EMU
GAG
GAP
MAT
VEX
VIM

4 letters

ABLE
BEAM
DUKE
EGGS
GREW
HOSE
KATE
OGRE
REED
WEED
WOOD



WHAT'S ON?

11 – 25
APRIL

FIVE PAGES OF ACTIVITIES **MOSTLY FREE, ALL FUN**

OUR THRILLING THREE...

1

The Moscow Project – free photography exhibition at Tower Gallery, 395 Barking Road, E13, until 10 May. Tuesdays, Thursdays and Saturdays, 2-5pm and until 8pm on the first Thursday of the month. www.map6.co.uk

2

Book launch and fun day – with 'Mr Snowy' by Denise Watson, Tuesday 15 April, 12noon-4pm, Stratford Library, The Grove, E15. A free event for all the family.

3

Free film night and bat walk – Saturday 19 April, 8-11pm, Cody Dock, South Crescent, Cody Road, E16.

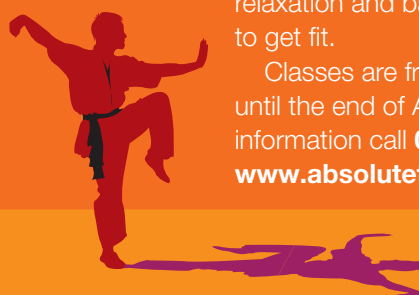
MENTION THE MAG...

Try tai chi chuan and get your first class free when you mention the *Newham Mag* with Absolute Tai Chi.

Classes take place on Mondays, 8pm in the dojo at The Carpenter's and Docklands Centre, 98 Gibbins Road, E15.

Tai chi chuan is a Chinese art that assists good posture, relaxation and balance. It is a great way to get fit.

Classes are from £5. Offer available until the end of April 2014. For more information call **07958 293 200** or visit www.absolutetaichi.co.uk



TRY SOMETHING NEW... COME TO THE EASTER EGG HUNT

On Easter Saturday there's a fantastic event for the whole family in the courtyard of the Old Town Hall Stratford.

There will be music from the fabulous Steel Pan Trio, balloon modelling, a small farm with live animals, a bouncy castle, a fairground style stall with prizes to be won, face painters and more. Discover Children's Story Centre will be running craft activities and children can join the town centre Easter egg hunt.

The event takes place behind the wonderful wrought iron gates of the beautiful Victorian courtyard of the Old Town Hall. There'll be food and drinks to purchase and enjoy in the heated marquee and food area on Saturday 19 April, 12noon-4pm.

For more details call

07791 291 685 or email

Alison.davenport@newham.gov.uk



★ Indicates free sessions

ARTS AND ENTERTAINMENT



Comedy Night



Mon, 8pm, Theatre Royal, Gerry Raffles Sq, E15. Visit www.stratfordeast.com/comedy-night

UNDER-FIVES LIBRARY ACTIVITIES



Storytelling (under 5s)



Mon, 10.30-11.15am, Custom House
Mon, 11am-12noon, Beckton Globe
Tues, 10.30-11.30am, Canning Town
Tues, 11am-12noon, The Gate, Stratford
Thurs, 2-3pm, North Woolwich, Plaistow
Fri, 11am-12noon, Manor Park, Stratford, Green St.

Fri 11 April, Thurs 17 April, and Fri 25 April, 11am -12noon, Green St

Interactive Storytelling (under 5 yrs)



Fri (during term time), 10-11am, East Ham

Music and Rhyme

Tues, 10.30-11.30am, Custom House

YOUNG PEOPLE'S LIBRARY ACTIVITIES



Games Club (7-16yrs)



Sony PS3, Xbox360, Nintendo Wii, board games and much more.
Tues, 4-5.30pm, Custom House
Thurs, 4-6pm (term time only), Canning Town
Thurs, 6-7.30pm, Forest Gate

Half Term Activities



Mon 14 April, 3.30-5pm, Craft Activities (8-12yrs);
Wed 16 April, 3.30-5pm, quizzes,

puzzles and competitions
(5-12yrs), Green St

Board Games Club (7-13yrs)

Play Chess, Checkers, Ludo, Pictionary and many more free activities.
Thurs (during term time),
4.30-6pm, North Woolwich

Young People's Book Club (7-13yrs)

Come and talk about your favourite books.
Tues (during term time),
3.30-4.30pm, North Woolwich

OTHER LIBRARY ACTIVITIES



Knit & Natter (16+yrs)

Wed, 10am-12noon, Beckton
Fri, 10am-12noon,
Canning Town
Tues, 10.30am-12.30pm,
Manor Park

Adult Reading Groups

Mon 14 April, 6-7pm
This month's book is The
Legacy of Hartlepool Hall by
Paul Torday, Stratford.
Thurs 17 April, 6.30-7.30pm
This month's book is My Dear
I Wanted Tell You by Louisa
Young, East Ham.

Over-50s Club

Thurs, 10am-12noon,
Beckton Globe

Chess Club

Mon, 5.30-7.30pm, East Ham

Employability Skills

ESOL class with a focus
on creating a CV and
communication skills for work.
Mon, 12.30-2.30pm, The Gate

Family Arts Club (3-12yrs)

Sat, 12noon-2pm, The Gate

ESOL Class

Tues, 9.30-11.30am, The Gate.
English classes, women only

Writers' Group

Thurs 24 April, 5.45-7.30pm,
The Gate Library

Coffee Mornings

Tues, 11am-12.30pm,
Custom House
Wed 16 April, 10am-12noon,
East Ham

Thurs, 10-11.30am,
Canning Town

Do It Online (18+yrs)

Free 6 or 8 week basic computer
training. Advance booking
required, contact library directly
Mon, 10-11.30am,
Canning Town

Mon, 10am-12noon, Manor Park.
Tues, 10am-12noon, East Ham
Wed, 2-4pm, Stratford

Book Launch and Fun Day

Mr Snowy by Denise Watson
Tues 15 April, 12-4pm,
Stratford Library

Cityread 2014 – Adult title event

A WW1 sing song, screening of
the short film Coward by David
Roddham, WW1 poetry and
excerpts from this year's chosen
title My Dear I Wanted to Tell You
by Louisa Young. Thurs 24 April,
12-2pm, Stratford Library

COMMUNITY ACTIVITIES



NCT Newham Groups

Bumps and Babies (up to 1yr)

A free home-based meet
up every Wed, 1-3pm for
expectant parents and
those with babies. Email
newhamnct@hotmail.com

Netmums Meetups

Bumps and Babies – Fri in various cafes around Newham.

Bumps, Babies and Toddlers – first Sat of month @Home

Various other meet ups
scheduled throughout the
year for all the family. Join the
facebook group: Netmums
Meetups: Newham, visit
www.netmums.com or email
jojostevie@live.com

Royal Docks Learning & Activity Centre

Mon, Employment Support
sessions, by appointment only
Tues, Bingo, 10am-12noon, £1
Parent and Toddler group, £1,
10am-12noon
Weds, Coffee Morning, 9.30-11am

Keep fit class, 10-11am, £1
Learn to Earn – Employment
Support Drop-in, 1-2pm
Sewing Classes, 10am-12noon, £1
Job Club, 10am-2pm
Shop and drop (60+), 10.15am
Women's Keep Fit, 10-11am, £2
Needlecraft, 10am-12noon, £1
Job Club, 10am-12noon

Thurs, Tai Chi, £2, first
session free, 10.30am-12noon
Line Dancing for 50+, 1-3pm, £1
Royal Docks Learning &
Activity Centre, Albert Rd, E16.
Call 020 7476 9922
www.rdlac.org.uk

Music Therapy

Term time sessions, 3-5yrs.
Thurs, 3-4pm, Shrewsbury
Children's Centre, E12.
Call 020 3373 6050
Fri, 2.15-3.15pm and 3.45-
4.45pm, Susan Lawrence
Children's Centre, E12.
Call 020 3373 7227
www.newham-music.org.uk

Guitar Lessons (7+ yrs)

Fri (during term time),
3.30-5.30pm. The Garden
Community Café, 7 Cundy Rd,
E16. Call 020 7474 5257

Table Top Sale

Sell your goods. £5 a table.
Last Sat of every month,
9am-2pm, Jack Cornwell
Community Centre, E12.
Call 020 8553 3459

BOXING AND SELF DEFENCE



Mon, Wed, Fri, 5-6pm
West Ham Boys ABC 9+yrs,
The Black Lion, 59-61 High
St, E13. Call 020 8472 3614
Mon, Wed, 6.30-7.45pm,
white collar boxing.
Mon, Wed, 6.30-8.45pm,
kickboxing. Mon, Wed, Fri,
7-8.30pm Muay Thai. Peacock
ABC, 8+yrs, Caxton St North,
E16. Call 020 7511 3799
Mon, Wed, Fri, 6-7.45pm
Newham Boys ABC,
6+yrs, Old Bath House,
141 Church St, E15.
Call 020 8519 5983
Fight For Peace Boxing



Mon to Fri, 4-5pm 10-14yrs
Mon to Fri, 5-9pm, 14+yrs
Woodman St, North Woolwich,
E16. Call 020 7474 0054

Punch Out (16+yrs)

Fri, 4-5pm, Katherine Rd
Community Centre, 254
Katherine Rd, E7. Email
katherine.roadcentre@
newham.gov.uk

Shoujin Karate

Newham Shoujin Karate, Wed
(term time only), 4.30-5.30pm
Fri, 6-7pm and 7-8.30pm. Sun,
10-11am. Under-15yrs £4,
18+yrs £6, concs £5.
Newham Leisure Centre. Call
07508 070 638
Docklands Shoujin Karate, Mon
and Wed, juniors and beginners
7-8pm, all other grades 8-9pm.
First session free, under-15yrs
£4, 16+ £6, concs £5. UEL
SportsDock, call 07766 685 869

Gurumu Taekwondo

Mon and Wed, children
6-7.30pm, juniors and adults
7.30-9.30pm. Monega Primary
School, Halley Rd, E12.
Call 07931 709 140

JFI Karate (5+yrs)

Mon, 4.45-6.15pm, Karate.
Mon, 5-5.45pm, Junior Fit
Camp. Mon, 5.45-6.30pm and
Wed, 5-6.15pm, beginners
Karate. The Hartley Centre,
E6. Call 07818 000 643

Intense Fitness (14+)

Workouts, boxing and
wrestling. Fri, 8.30-10pm, £5.
The Hartley Centre, E6. Call
07878 253 642

Boxing (Newham College)

Mon, 5-6pm, East Ham
Leisure Centre, E6.
Wed, 4-5.30pm, UEL SportsDock.



Dancing

Tai Chi Chuan

Mon, 8pm, Carpenters Docklands Centre, 98 Gibbins Rd, E15. Call 07958 293 200 www.absolutetaichi.co.uk

Stratford Judo Club

Competition training, juniors (8-14yrs), Tues and Thurs, 6.30-8pm; seniors (15+ yrs), Tues and Thurs, 8-9.30pm. Beginners, juniors (8-14yrs) Wed, 6.30-7.45pm; seniors (15+ yrs), Wed, 7.45-9.15pm. From £2 per class. Carpenters Docklands Centre, 98 Gibbins Rd, E15. Call 07985 601 260 www.stratfordjudo.com

Tang Soo Do

Mon and Thurs, 7- 8.30pm, Our Lady of Compassion Church Hall, E13. Call 07768 394 725

Tang Soo Do

Tues, 7.30-8.30pm, The Hub, Canning Town. Sat, 1-2.30pm, Eastlea Community School, E16. Call 07725 948 426

NCFE Sports – MMA

Weds 5.30pm, boxing, muay thai, judo, kickboxing. Newham College, High St South, E6. Newham College participants register at sports@newham.ac.uk or call 020 8257 4255. External participants register at ruqsanabegum2k@hotmail.com Call 07984 009 135

HEALTH AND FITNESS



Lifestyle Health Assessment

Want to get fit for summer?

★ Indicates free sessions

Claim a free lifestyle health assessment and lose weight for good contact neusa@5starphysique.co.uk www.5starphysique.co.uk

Bootcamp (men only)

Thurs, 8-9pm, £5 Langdon School Sports Centre, Sussex Rd, E6. Call 07818 000 643

Zumba classes

Thurs, 7.30-8.30pm, London Tamil Sangam, 369 High St North, E12, £5. Wed, 7-8pm, Hathaway Community Centre, Hathaway Cres, E12. Call 07720 805 505

Yoga

Weds, 6.45-7.45pm The Unitarian Church, West Ham Ln, E15. Tues 6.10pm and 7.10pm, Fri 10.30am and 11.30am, The Hub, 123 Star Ln E16. £6 (£4 concs). Call 07946 072 412 or visit www.om4health.co.uk

Twisted Pink Street Dance

7-11yrs, Thurs, 6-7pm, St Luke's Church, Tarling Rd, E16. 12+yrs, Fri, 6-7pm, Maryland Studios, 84 Leytonstone Rd, E15. £3. Call 07961 544 017, visit www.twistedpink.org.uk

Zumba

Mon and Thurs, 6.30-7.30pm, £5. Plaistow Community Centre, 63 Queens Rd West, E13. Call 07916 327 541

Zumba fitness with Jess

Weds, 7.15-8pm, £3.50 Vicarage Lane Community Centre, Govier Cl, E15. Call 07759 020 955

Zumba Circuits

Sat, 9.30-10.30am, £4, Community Resource Centre, 200 Chargeable Ln, E13. Call 07939 179 587

Unity Zumba

Mon and Wed, 8-9pm, Hartley Centre, 267 Barking Rd, E6. Tues, 8-9pm, and Thurs, 8.15-9.15pm, St Mark's Community Centre,

218 Tollgate Rd, E6. Sun, 6.30-7.30pm, Well Community Centre, 49 Vicarage Ln, E6. £5. Call 07886 884 573

50+ ACTIVITIES



Newham Striders

Daily walking group Call 0844 414 2728

Ballroom Dancing

Mon, 10am-12noon, St Paul's Church Centre, Burges Rd, E6. £2.50 per session. Call 07761 209 463

Nordic Walking

Wed, 9.30am. Meet at Lord Lister Health Centre, E7, not suitable for wheelchairs, £2. Call 07783 660 429. Fri, 6.30-8pm. Meet at Newham Leisure Centre, E13. Sun, 10-11.30am, Meet at East Ham Leisure Centre, E6.

GREEN



Garden Club

Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

Gardening Thymes Gardening Club

Fri, 11am-1pm, Bowling Green, Central Park, High St South, E6

DOORSTEP CLUBS



Call 0844 414 2728 unless otherwise stated.

Gym & Basketball (14+yrs)

Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

Stunt & Tumble (14+yrs)

Thurs, 7.30-9pm, £5, Talent Cheer & Dance, Gallions Reach, Armada Way, E6. Call 07866 612 610

Athletics Club (14+)

A multi-sport session focusing on athletics, football and the gym. Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394 756.

FEMALE SPORTS



Basketball Sessions

Women only, Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20.

Dare2Dance (12-16yrs)

Street dance, Fri, 3.30-5.30pm, Newham Leisure Centre, E13.

Girls Spinning (11-15 yrs)

Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13.

Female Only Gym Sessions

Tues and Thurs, 3.30-5pm. 11-15yrs. Mon, 3-4pm, 16-25yrs. Newham Leisure Centre, E13.

Female Boxfit (14+yrs)

Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783 526

Girls Football (11-16yrs)

Tues, 4-5.30pm and Thurs, 5-6pm, Newham Leisure Centre. Fri, 5-7pm, Memorial Park, E15.

Sheila's Yummy Mummy Buggy (16+yrs)

Mon, 10-11.30am, £5, Central Park, High St South, E6 (meet outside cafe in the park) Fri, 10-11.30am, Plashet Park, Plashet Grv, E6. Call 07908 614 958

Zumba and Tone

Tues, 1-2pm, £1. St Bartholomew's Church Hall, Barking Rd, E6 Call 07944 775 679

Ab-Attack

Mon, 7.15-7.45pm, £3 The Hartley Centre, E6. Call 07818 000 643

Sonia's Circuits (16+yrs)

Tues and Fri, 10-11am, £4, Ridley Christian Centre,

Disability Basketball



94 Upton Ln, E7.
Call 07763 230 106


Body Blast (16+yrs)

Tues, 6.30-7.15pm, £5,
Weds, 12.30-1.15pm, £5,
Thurs, 12.30-1.15pm, £5,
Fri (miniblast), 6.30-7pm, £2.50.
Talent Central, Unit 27a, 3
Armada Way, Gallions Reach
Shopping Park, E6.
Call 07866 612 610

Abs Blast (11-15yrs)

Thurs, 5.30-6pm, £3.10,
Newham Leisure Centre, E13.

Women United AFC (11+yrs)

Mon (term time only),
6-7.15pm, £1, Kingsford
School, E6. 
Call 07792 932 979

Athlefit (14-18yrs)

Athletic fitness, Wed, 5.30-
6.30pm, £1. Flanders
Community Centre, Napier Rd,
E6. Call 07718 394 756.

Keepfit

Wed, 10am, £1, Chandos East
Centre, E15. Call 07950 944 095

Just Play (14+yrs)

Wed, 6.30-8pm, multi-sports
(term time only). Cumberland
School, Oban Cl, E13.
Call 0844 414 2728

Get Back into Netball

Tues, 6-7.30pm, juniors,
7.30-9pm, seniors, £2. Lister
Community School, St Mary's
Rd, E13. Call 07717 281 529

Women's Badminton

Fri, 1-2.30pm, East Ham
Leisure Centre, E6, £2,
equipment provided.
Call 07930 162 505

Keep Fit – Stay Fit

Sat, 10-11am, £3.50. Jack
Cornwell Community Centre,
E12. Call 07795 064 116

Women's Zumba

Thurs 7-8pm, £4, Durning Hall,
Earlham Grv, E7.
Call 07939 179 587

Ladies Only Keep Fit

Weds, 10am, £1, Chandos East
Centre, Chandos Rd, E15.

Thurs, 10am, £1.50, Rokeby
Centre, Rokeby St, E15.

Julie's Mums On The Run

Weds, 10-11.30am, £5, or bring
a friend and both pay £4 each.
Abbey Lane Park, Stratford E15.
Call 07961 374 772

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Family Swims for Disabled Children and Adults

Sat, 4.30-5.30pm, Newham
Otters Swimming Club,
Newham Leisure Centre, E13.
Call 07931 788 739
Sun, 12.30-2pm, Family Swim,
Balaam Leisure Centre, £5.
Call 020 7476 5274. Balaam
pool closed 7-13 April

Swim for Families Dealing with Autism

Wed, 4-5pm, Balaam Leisure
Centre, E13. Call 020 7476 5274

Get Fit for Free

Tues, 1.30-3.30pm and Fri,
10am-12noon. Free gym
use for people with learning
disabilities. Newham Leisure
Centre, E13. To book an
induction call 020 7511 4477

Athletics (8-18yrs)

Tues, 4.15-6.15pm, Brampton
Manor, Roman Rd, E6.
Thurs, 4.30-5.55pm,
St Angela's Ursuline School,
1 St George's Rd, E7. Email
cnourrice@englandathletics.org

Ability Club (14-25yrs)

Multisports for disabled young
people. Weds, 5.30-6.30pm and
Fri, 4.45-6pm, NewVic, E13.

Trampolining Sessions (U19yrs)

Tues, 4.30-5.30pm, U19yrs,
Newham Leisure Centre, E13.
Call 020 7511 4477

Mixed Swimming Sessions

Wed, 10am-12noon, East Ham
Leisure Centre, E6.
Call 020 8548 5850

Sensory Play

For children under five with
special needs, speech and

language delay or physical
disabilities. Term time only.
Fri, 10-11.30am, Oliver
Thomas Children's Centre,
Mathews Ave, E6. Email kathy.
holdsworth@oliverthomas.
newham.sch.uk or call
020 8821 0997

Disability Basketball

Fri, 4-5pm, NewVic, E13.

RUNNING

East End Road Runners

Tues and Thurs, 7pm
Sun, 9am. Meet on the track.
Coached sessions for
all abilities. Newham Leisure
Centre, E13. Call 07979 261 647

Run England

£2 unless stated.

Sun, 10am-12noon, Newham
Leisure Centre, E13, (meet on track).
Mon, 4-5.30pm, Newham Leisure
Centre, E13 (meet on track).
5.45-6.45pm, Newham
Dockside, E16 (meet at reception)
Tues, 6-7pm, Newham Leisure
Centre, E13 (meet on track).
Weds, 12noon-1pm, Newham
Dockside, E16 (meet at reception)
Thurs, free, 5.15-6.15pm, UEL
Docklands Campus, E16 
(meet at reception)
Sat, 10-11.30am, East Ham
Central Park, E6 (meet at the café)
10-11.30am, Wanstead Flats,
E12 (meet at Harrow Rd
Changing Pavilion)
10-11.30am, Memorial Park,
E15, £4 (meet at car park)
Call 07718 394 874

Beckton Park Run

Sat, 9am, Beckton Park South,
E16. Call 07718 394 756
www.parkrun.org/beckton

SPORTS

BMX (6-16yrs)

Sun, 10am-12noon, £3.
Gooseley Playing Fields,
St Albans Ave, E6.
Call 07961 333 615

Indoor Cricket (8-16yrs)

Weds, 6-8pm, £2,



BMX

Lister Community School,
St Mary's Rd, E13, email
paul.farthing@activenewham.org.uk

Swimming (5-16yrs)

Newham Young Britons ASC
Sat, 6.15-7pm. £2, Newham
Leisure Centre, E13.
Call 07956 304 518

Woodside

Badminton Club

Fri, 7.30-9.30pm, intermediate
and club standard. £5
waged/£3 unwaged,
Carpenters Docklands Centre,
98 Gibbins Rd, E15.
Call 07956 150 240

Fencing with Newham Swords

Tues, 6-9pm, Thurs, 6-9pm
Fri, 7-10pm. Classes for adults
(18+) and mini-pirates (4-7yrs).
UEL SportsDock
Call 07956 618 898

Badminton

Thurs, 7-9pm (term-time only).
£5 for a court and bring a
racquet. Little Ilford School,
Browning Rd, E12.
Call 07944 117 263

Table Tennis

Tues, 4.45-6pm, NewVic, E13.
Thurs, 6.30-8.30pm, UEL
SportsDock

FOOTBALL

Mayor's Football League

U10yrs, U12yrs, Mon, 4.30-
6pm, U16yrs, U18yrs, 6-7pm
Newham Leisure Centre, E13.

Premier League (16+yrs)

6-a-side (4 subs) Weds, 7-10pm,
Newham Leisure Centre, E13.

WHU Kicks

Mon, Tues, Fri, 4-7pm,



Football

WHUCST, Beckton 3G, 60A Albatross Cl, E6.
Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12.
Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15.
Sat 10.30-12noon, Newham Leisure Centre, E13.

Football & Multi Sports

Mon, 4-5.30pm, Newham Leisure Centre, E13.
Weds, 5-6pm, Stratford MUGA, West Ham Ln, E15

Football and Athletics

Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16.

AIR Football (16+yrs)

Tues, 1-3pm, Fri, 10am-12noon, Memorial Park, Memorial Ave, E15.
Fri, 3-5pm, Beckton Powerleague, E6.
Visit www.airfootball.co.uk

Ascension Football

£3. Reception to 11yrs, Sat, 10-11.30am. King George V Park, King George Ave, E16.
Call 07806 584 925

Men's Health Football Fitness Sessions

Sat, 10-11am, West Ham United Community Training Facility, 60a Albatross Cls, E6.
Call 020 7473 7724

BASKETBALL



NCFE Sports- Basketball

Thurs, 5-7pm, East Ham Leisure Centre. To register contact: sports@newham.ac.uk or call 020 8257 4255

Youngbloods Basketball

All sessions cost £1.
U12yrs, mixed, Sat, 1-3pm,

East Ham Leisure Centre, E6.
U13/14yrs boys, Mon, 6-8pm and Weds, 4.30-6pm, St Angela's School, E7.

U13/14yrs girls, Mon, 4.30-6pm and Weds, 4.30-6pm, St Angela's School, E7.

U15/16yrs boys, Tues, 6-8pm, St Angela's School, E7.

Thurs, 8pm, St Bonaventure's School, E7.

U17/18yrs boys, Mon and Wed, 8-10pm, St Angela's School, E7. Call 07958 307 657

Newham All Star Sports Academy (NASSA)

Sessions £1 unless indicated.
Juniors, Fri, 4-6pm
Cumberland School, Oban Cl, E13.

National league U13yrs, U14yrs, U16yrs, Tues, 6-8pm, Rokeby School, Barking Rd, E16.

National league U18yrs, Tues, 8-10pm, Rokeby School, Barking Rd, E16.

National league U13yrs, U14yrs, U16yrs, Thurs, 6-8pm, SportsDock.

National league U18yrs, Tues, 8-10pm, SportsDock.

Junior boys and girls, Sat, 10.20am-12.20pm, SportsDock, £2.

Call 07703 503 995.

www.nassasports.org.uk

National League

Mon, 6-8pm, U13/14yrs, Tues, 6-8pm, U15/16yrs
Rokeby School, Barking Rd, E16.

Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, Oban Cls, E13

Senior Programme

Mon, 7.30-9.30pm
Division 2 women and division 3/4 men. Rokeby School, Barking Rd, E16.
Call 07947 401 616

Basketball Sessions

Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12.

Thurs, 6-8pm (15+ yrs),

NewVic, E13 Until 1 May (excluding 10 and 17 April)

Basketball & Multi Sports

Fri, 5-6.30pm, 8-19yrs, Snowhill MUGA, Snowhill Rd, E12.

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Rd, E6, unless specified.

Tues 22 April, 7pm, Strategic Development Committee, Council Chamber, Old Town Hall Stratford, E15

7pm, Overview and Scrutiny Committee, Committee Room 1

Thurs 24 April, 5pm, Cabinet, Council Chamber

5.05pm, Mayoral Proceedings Council Chamber Visit www.newham.gov.uk/committee for updates.

CONTACT THE MAYOR

Mayor's Telephone Surgery

Wed 23 April. Please call 020 8430 2000 between 9.30am and 10.30am and ask for the Mayor's telephone surgery. We will take your details and arrange a callback.

LIBRARY CONTACTS

Beckton Globe

1 Kingsford Wy, E6

Canning Town

Barking Rd, E16

Custom House

Prince Regent Ln, E16

East Ham

328 Barking Rd, E6

Green Street

337-341 Green St

The Gate

6-8 Woodgrange Rd, Forest Gate, E7

Manor Park

685-691 Romford Rd, E12

North Woolwich

5 Pier Parade, E16

Plaistow

North St, E13

Stratford

3 The Grove, E15

Archives and Local Studies

(limited postal and email service only) call: 020 3373 6881 email: archiveslocalstudies@newham.gov.uk

Community Outreach

Services To find out more call 020 3373 0813

CENTRE CONTACTS



Balaam Leisure Centre

Balaam St, E13

East Ham Leisure Centre

324 Barking Rd, E6

The Hartley Centre

267 Barking Rd, E6

Jack Cornwell Community Centre

Jack Cornwell St, E12

Newham Leisure Centre

281 Prince Regent Ln, E13

NewVic

Prince Regent Ln, E13

UEL SportsDock

Docklands Campus, University Way, E16

All listings may be subject to change, please contact individual events and activities before attending.

Hundreds of services – one website. Visit www.newham.gov.uk

Call Newham Council on 020 8430 2000



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Basketball

THEATRE ROYAL BAR

APRIL LISTINGS



COMIC MONDAYS

Check out the **best comedians** around with top class acts from 8pm

- Apr 7** With Danny Ward, **Patrick Monahan**, David Tsonos, Stephanie Laing, Athena Kugblenu and compere Lateef Lovejoy.
Apr 21 With Paul F Taylor, **Quincy**, Gary Shaw, Dalia Malek, Rosie Martin and compere Dane Baptiste.
Apr 28 With Nico Yearwood, **Shazia Mirza**, Matt Francis, Dave Chawner, Glen Sherman and compere Jay Sodagar.



QUINCY. APR 21
COMIC MONDAYS



TENNER TUESDAYS

2 meals for just £10! Includes a meal and a soft drink for two from our special menu

COME DINE WITH US WEDNESDAYS

Join us for our **new social dining experience** from 5pm. Visit our website for more information



THIRSTY THURSDAYS

Hang out with us as we extend our happy hour until 9pm. **Save 10% on all drinks**



FUNKY FRIDAYS

Get ready for the weekend with our **DJ Sets** from 9pm. Reggae | Bashment | Hip Hop | Funk & Soul

- Apr 4** **DJ TOMMY SPARK**
DJ Spark gets you set for the weekend with Reggae, Lover's Rock, Funk & Soul.

- Apr 11** **DJ GILLY**
An eclectic mix of music spanning a range of genres to entertain and get you in the mood.

- Apr 18** **DJ LOK**
Rare groove, 80s Soul, RnB and reggae.

- Apr 25** **DJ TOMMY SPARKS**
DJ Spark gets you set for the weekend with Reggae, Lover's Rock, Funk & Soul.



LIVE LOUNGE SATURDAYS

Chill out with us on Saturdays with **live music** from 9pm

- Apr 5** **DEBORAH CAREW** | Deborah will be performing beautiful classic songbook & standards from Jobim, Ellington, Cole Porter to Herbie Hancock sung in her sweet, mellow, bluesy way.

- Apr 12** **LEX CAMERON** | Live soulful music from a singer keyboard player who's musical talents have been endorsed and utilised by everyone from Omar to Chaka Khan and Joycelyn Brown back to the late great Don Blackman.

- Apr 19** **ALAN WEEKES DUO Featuring George Kelly** | Alan Weekes brings you intimate Jazz from the American Songbook, with the soulful tones of George Kelly on vocals, influenced by Frank Sinatra, Nat King Cole and many more.

- Apr 26** **ESTA B DALEY DUO** | Esta performs Jazz Reggae and a fusion of popular classics from artists including Dennis Brown, In Crowd, Toots & The Maytals, Marcia Griffiths, Jean Adebambo, not forgetting Jazz classics from the likes of Nat King Cole, Louis Armstrong and our beloved Ella Fitzgerald.

UNDISCOVERED SUNDAYS

Music, comedy, spoken-word and more. Say you saw them here first!

- Apr 6** **BYRON GOLD - GOOD TIMES SUNDAY** | 7pm | Join Musical Director Byron Gold in an eventful night of live entertainment with established as well as upcoming singers. There will also be quizzes, good food, good people, and a special guest host.

- Apr 13** **BEST OF NEWHAM** | 7pm | Abena the Actress and Theatre Royal Stratford East present Best of Newham. See emerging talent from across Newham, as well as an open mic for local and emerging artists.

- Apr 20** **WORD4WORD** | 6pm | WORD4WORD celebrates Easter Sunday with a Slam competition, 10 poets, 3 rounds, 1 winner, £50 prize money. Singer and songwriter Asabi Hawah will also be performing. Open mic available.

- Apr 27** **HARTMAN'S HOUSE** | 6pm | Join Stratford's favourite host, Darren Hart for a night of family fun, including open mic, table games and more.

AWARD-WINNING CARIBBEAN FOOD!

Takeaway food available
- order and collect
Call **020 8279 1161**

Please note: listings are correct at time of going to print but may be subject to change.

FREE ENTRY 7 DAYS A WEEK

An illustration of a hand with orange skin and a dark blue sleeve holding a white speech bubble. The speech bubble contains the text 'MAKE SURE YOU REGISTER TO VOTE.' in bold, black, uppercase letters. The background is a teal gradient with a pink wavy line at the top.

**MAKE
SURE YOU
REGISTER
TO VOTE.**

To vote in this year's Mayoral, councillor and European elections on Thursday 22 May, you must be on the electoral register. You have until Tuesday 6 May to register.

To find out more visit
www.aboutmyvote.co.uk/register